



HUFF STUFF

Newsletter

Issue 49

March 2021

Greetings everyone,

As I think about this newsletter and how the last month has been, I realise that my umbrella, gum boots and lawn mower have been in fairly constant use. This is not a complaint as I'm thankful for the rain and all the benefits it brings.

Medlow Bath Residents Association Meeting

Recently, I attended the Medlow Bath Residents Association meeting which was held in the lovely Delmonte Room at the Hydro Majestic. Thank you to all the attendees for the opportunity to speak about the HUFF program. It was great to meet some more Medlow Bath HUFF Facilitators and generally hear about the issues affecting the Medlow Bath community.



HUFF Survey

Thank you to everyone who has taken the time to complete the survey. We have set the deadline for responses as Friday April 30th. If you haven't completed the survey, we would greatly appreciate your feedback.

Please use the following links:

HUFF Facilitators survey:
https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV_5o3UAMtPlptqhpP

HUFF Neighbours survey:
https://surveyswesternsydney.au1.qualtrics.com/jfe/form/SV_bQTpApIGT7HFldz

NSW Seniors Festival Events

April is the month we celebrate the contributions that seniors make in our community. Hard copies of the Blue Mountains City Council's Seniors Festival Program will be available shortly.

The events and activities included in the program are varied but following are a couple that I thought might interest you.

Wednesday 7 April

Walk 'n Talk: Regenerating After Fire

Venue Fairfax Track, Govetts Leap,
Blackheath

Meet at Govett's Leap Lookout carpark,
Blackheath

Time 10am – 12.30pm

Cost Free

(delicious morning tea included)

Host Blue Mountains City Council

Contact 4780 5788 (to RSVP for tour
and transport queries)

Learn about some of the ingenious ways
that our native plant species have
adapted to, and can bounce back after
fire.



Thursday 22 April

**How to Prepare for Emergencies -
Information session**

Venue Springwood Hub
106-108 Macquarie Rd, Springwood

Time 10am – 12 noon

Cost Free (morning tea included)

Host Blue Mountains City Council

Friday 23 April

**How to Prepare for Emergencies -
Information session**

Venue Wentworth Falls Community Hub
Holy Trinity Anglican Church, 17
Armstrong St

Time 10am – 12 noon

Cost Free (morning tea included)

Host Blue Mountains City Council

Contact Rebecca Southwell on 4780 5910
or Rebecca Evers on 4780 5740

These information sessions aim to provide you with the
information needed to create your own emergency plan and
emergency supply kit, so that you or the person you care for
can be prepared for emergency situations.

Until the next newsletter, take care of yourselves
and have a lovely Easter break.

Regards Cornelia