



BANC Blackheath Area
Neighbourhood Centre

Blackheath
HUB
Wellbeing · Creativity · Resilience

The art of dying

For those who are dying and those left behind



Death doula, legacy artist and dignity therapist Niki Read supports communities to accept death as a natural part of life and help people ensure their end of life wishes are heard and met where possible.

This two-part workshop begins with simple arts-based reflective practices to help explore issues of grief and loss.

The second part gives participants tools to manage the complex process of preparing for death.

FREE

9.30 am-1.00 pm
Saturday, 14th May

Blackheath Hub, 125 Wentworth St

Bookings and info:
Niki on 0437 877 232

For more free workshops
and events go to
www.banc.org.au/events